

Welling Medical Practice Newsletter



Christmas Opening Hours

Week Commencing 17th December

usual opening hours apply

Monday to Friday 7.00am—6.30pm
(closed for lunch 12.30pm—1.30pm)

Christmas Eve - 7.00am—6.30pm

Christmas Day - Closed

Boxing Day - Closed

Thursday 27th December - 7.00am—6.30pm

Friday 28th December - 7.00am—6.30pm

New Year's Eve - 7.00am - 6.30pm

New year's Day - Closed

Wednesday 2nd January onwards

usual opening hours apply

Wednesday to Friday 7.00am—6.30pm
(closed for lunch 12.30pm—1.30pm)

Inside this issue:

Christmas Opening Hours

Flu Vaccination

Moving Home

Contact Details

Useful numbers for Xmas

Appointments

Zero Tolerance



Patient Liaison Service
(PALS)

is a free and confidential
service available on

FREEPHONE

0800 328 9712

Pals@bexley.nhs.uk

and is open

Mon to Fri 9am—5pm

IMPORTANT ANNOUNCEMENT!



If you are Over 65 or have a chronic disease and have not yet had your Flu Jab, there is still time to get vaccinated to avoid the suffering and misery that having flu can bring. We still have plenty of vaccine in stock so either speak to reception to make an appointment or if you have an appointment with a doctor or nurse in the next few weeks, ask them for a flu jab at your consultation.

2 Danson Crescent
Welling Kent
DA16 2AT

Tel: 020 8301 7889
Fax: 020 8301 7886

Welling Medical Practice

www.wellingmedicalpractice.co.uk

Holly House Surgery
12 Avery Hill
London SE9 2BD

Tel: 020 3260 1064
Fax: 020 8850 4993



Contact Details

Please remember to let us have up-to-date telephone numbers and an e-mail address so that we can contact you, if necessary.



Moving Home



Please remember to let us have your up-to-date contact details if you are moving home.

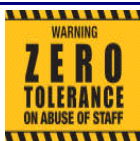
Useful Details for the Christmas Period

Hospital	Telephone Number	A & E Department	Urgent Care Centre
Queen Elizabeth—Woolwich SE18 4QH	020 8836 4360	Open 24 hours a day 7 days a week	Open 8am—10pm 7 days a week
Princess Royal—Orpington, BR6 8ND	01689 863486	Open 24 hours a day 7 days a week	Open 8am—8pm 7 days a week
Queen Mary's—Sidcup, DA14 6LT	020 8302 2678	X	Open 24 hours a day 7 days a week

Emergency departments (also known as A & E's) assess and treat patients with serious injuries or illnesses, such as: loss of consciousness / pain that is not relieved by simple analgesia / acute confused state / persistent, severe chest pain / breathing difficulties

Urgent Care Centres provide treatment for patients suffering from urgent but not life threatening conditions such as cuts and bruises, mild chest infections, coughs and colds, fever, sickness, vomiting and simple fractures.

Grabadoc	020 8319 3030	Out of Hours GP Service
Mistvale (7 day Chemist)	020 8301 1800	Open 10am—2pm Xmas Day Open 9am—11pm Boxing Day
Bexley Council	020 8303 7777	Emergency Assistance
Samartitans	08457 90 90 90	Open 24 hours a day 7 days a week



The Practice supports the Government's Zero Tolerance Campaign. Abusive or threatening behaviour towards any member of the Practice Team or any other person present on the premises, will be taken very seriously and the Police will be notified, if necessary.

This may result in your removal from the Practice list.

Appointments

We aspire to offer routine appointments with a doctor and nurse, but during busy periods this may not always be possible.

Our receptionists will always do their best to accommodate your request, so please be understanding. Please let us know if you are unable to keep your appointment, as wasted appointments means a longer wait for others.

6504 appointments offered in the last month

259 appointments which patients failed to attend

43 wasted hours of consulting time

Good Luck!

We said goodbye to Joanne Eagle - Practice Manager, who left the practice at the end of November.

I am sure you will all join us in wishing her all the best for the future.

**The Doctors & Staff would like to wish you all
a very Merry Christmas and a Happy New Year**